

# CHRISTIAN LIFE NOTES

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## Comfort

I was very blessed with two loving grandmothers. Both of them often used the expression: "The harder I work, the further behind I get." As a child I didn't always understand what they meant. As I grew older, I realized they might have felt they were just barely keeping up with the daily chores that go along with being the wife of a farmer and raising a family. Twelve children between the two of them.

A few weeks ago, I was given time to reflect on my grandmothers. In the hurriedness of cleaning the kitchen and in the attempt to get on with another task, I dropped my basket of recipe cards on the floor. Thinking, "I don't have time for this," I began to pick up the cards. In doing so I uncovered several recipes my grandmothers had shared with me, so lovingly written in their own handwriting. Today I don't even remember what all I was trying to accomplish that day; I just know that in the stillness and silence of reading the recipes I felt such peace remembering the love and devotion my grandmothers shared with me and the warmth of their hugs that always brought comfort and contentment.



As we begin the month of November our thoughts and activities begin to center around family and friends and a time of gratitude and thankfulness. I believe this time of year is a true blessing and a gift, perhaps even more so this year. As we listen to the news and observe the happenings in our world, we may experience a variety of emotions. Are you uncertain, worried, or scared? We often have more questions than answers.

Where can we find comfort, peace, and guidance? I am certain you know that answer. God's Word. And in His Word we find unconditional love and grace through our savior Christ Jesus.

Please read and reflect on the verses included in these notes. Take joy and comfort in your own time in God's Word. Pray continuously!

I give thanks for all of you and pray you all enjoy a very blessed November. Wrap others in your hugs, sharing God's love and comfort.

*And above all these put on love, which binds everything together in perfect harmony. And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God. And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him (Colossians 3:14-17).*

*Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God (2 Corinthians 1:3-4).*

*"Be still, and know that I am God.*

*I will be exalted among the nations,*

*I will be exalted in the earth!"*

*The Lord of hosts is with us;*

*the God of Jacob is our fortress (Psalm 46:10-11).*

Janet Schultz  
Zion Hillsboro  
Christian Life Committee